

# SALADS



## Signature Salads \$9.99

All served with fresh mixed greens and herb roasted chicken. Substitute shrimp or salmon, add \$3

### Foodies Favorite

served with our homemade red wine vinaigrette, feta crumbles, toasted almonds and raisins

### Tuscan Sun

served with a sun-dried tomato vinaigrette, parmesan cheese, kalamata olives, red onions and fresh basil

### Greek Island

served with our tangy Greek dressing, feta crumbles, red onion, kalamata olives, roma tomatoes and pepperoncini peppers

### Oriental Crunch

served with our Oriental dressing, shredded carrots, chow mein noodles, mandarin orange wedges and roasted peanuts

### Hail Caesar

served with our house Caesar, croutons, parmesan cheese and fresh sliced roma tomatoes

## Premium House Salads

All made with fresh cut mixed greens and our red wine vinaigrette, toasted almonds, feta and raisins.

**Foodies Cobb** hard boiled egg, bacon, cheese, chicken, carrots, avocado, tomatoes, and choice of dressing \$10.99

**Poached Salmon** with wasabi hoisin sauce \$11.99

**Apple Walnut Tuna Salad** \$9.99

**Citrus BBQ Beef Tips** \$12.99

**Sesame Seared Tuna** with wasabi hoisin sauce \$14.99

**Crunchy Dill Chicken Salad** \$9.99

# SANDWICHES



## Classics Half \$8.99 Full \$10.50

All served with choice of one side.  
Gluten Free Bread available .75

**Blackstone Reuben** corned beef, provolone, sauerkraut and 1000 Island on marble rye

### Prime Rib French Dip

shaved prime rib with melted provolone on ciabatta bread, served with au jus

**Classic BLT** smoked bacon piled high with lettuce, tomato and mayo

**Mighty Club** turkey, ham, and smoked bacon with provolone, lettuce, tomato, mayo and our special sauce

**Apple Walnut Tuna Salad** homemade apple walnut tuna salad with provolone, lettuce and tomato

### Crunchy Dill Chicken Salad

**Salad** celery and walnuts make a great crunch on this classic, served with tomato, lettuce, provolone and mayo

**Ultimate Pulled Pork** slow roasted pulled pork topped with picnic coleslaw & served on a ciabatta bun with a side of BBQ sauce

**Chipotle Turkey Melt** sliced turkey stacked high with tomato, cheddar cheese and chipotle sauce on a toasted ciabatta bun

**Smoked Ham and Two Cheese** smoked ham piled high served with provolone and cheddar cheese

**Little Havana Cuban** sliced ham, roasted pork, provolone, dill pickle and Dijon mustard on ciabatta bread

**Portobello Peppernata Melt** roasted Portobello mushrooms, roasted red pepper sauce and provolone on ciabatta bread

**Southwest Torta** spiced beef, avocado, tomatoes, lettuce, onion, fresh jalapenos, and 1000 Island sauce on toasted ciabatta

**Chicken BLT Club** oven roasted chicken, applewood smoked bacon, chipotle ranch, lettuce, tomato, and avocado on ciabatta bread (*full size only*)

**Chicken Pesto Melt** oven roasted chicken, fresh basil pesto, tomatoes, and our own special sauce an ciabatta bread (*full size only*)

# WRAPS

## Paratha Wrap \$9.50

All served with provolone, tomatoes and lettuce with choice of side.

### Oven Roasted Herb Chicken

### Mesquite Smoked Turkey

### Citrus BBQ Steak Tips \$9.99

### Apple Walnut Tuna Salad

### Crunchy Dill Chicken Salad

### Seasoned Portobello

### Hail Caesar Chicken

## Sides \$3.99

House Salad  
Market Fresh Fruit  
Cup of Soup  
Spanish Rice  
Picnic Coleslaw  
Corn Chips & Salsa  
Sweet Potato Fries  
Crispy Baked Fries

sub on a la carte item \$2.99



# A LA CARTE

## \$6.99 Pick 2 for \$9.99

### Beet and Goat Cheese Salad

### Little Caesar Salad

### Baby Oriental Crunch Salad

### Fresh Tomato Caprese Salad

### Tiny Tuscan Sun Salad

**Honey Hummus**  
with toasted garlic bread

### House Foodies Favorite Salad

### Mini Greek Salad

### Bruschetta

### Soup of The Day

# SOUTH OF THE BORDER

# PIZZA

\$9.99

All served with Spanish rice and coleslaw

**Street Tacos** (chicken or carnitas) served on warm corn tortillas with shredded cabbage, pico de gallo, salsa verde and a Mexican cheese blend

**Southwest Chicken Quesadillas** roasted chicken, red onions, Mexican cheese blend and fresh cilantro served on grilled flour tortillas

**Loaded Chicken Enchiladas** flour tortilla stuffed with roasted chicken, refried beans and red onion, smothered in enchilada sauce, melted cheese, pico de gallo and sour cream

**Mahi Mahi Fish Tacos** \$10.99

**Steak Tacos** \$10.99



**JUST FOR KIDS**  
12 and under

\$5.50

All served with fruit, cookie and fountain drink or milk

**P.B. & J.**

**Kid's Quesadilla**

**Cheese Pizza**

**Bow Tie & Cheese Pasta**

**Ham or Turkey Sandwich**

## Specialty Pies

Half with 1 side \$8.99 Full 10" \$10.99  
Gluten Free Crust 1.50

### Thai Chicken

Thai sauce, fresh cilantro, roasted chicken, mozzarella, roasted peanuts, sweet chile sauce and carrots

### The Greek

basil pesto sauce, roasted chicken, fresh mozzarella, red onion, bell peppers, black olives, feta cheese and a blend of seasonings

### BBQ Chicken

BBQ sauce, fresh mozzarella, red onion, roasted chicken and fresh cilantro

## Build Your Own Two Topper

Half with 1 side \$8.99 Full 10" \$10.99

**Pick your Toppings** (Additional Toppings .95)

Pepperoni	Red Onion	Jalapeno
Sausage	Tomato	Fresh Basil
Ham	Mushroom	
Bell Pepper	Kalamata Olives	

# PASTA

\$9.99

All finished with fresh basil, parmesan cheese and bread sticks.

Pasta Choices: Spaghetti, Angel Hair, Fettuccine, Bow Tie  
Gluten Free Pasta .95

### Chicken Alfredo

rich and creamy Alfredo sauce and tender chicken

### Mama's Meatball

made from scratch meatballs smothered in red sauce

### Basil Pesto Shrimp

shrimp and tomatoes tossed in a homemade basil pesto

### Lemon Chicken Picatta

roasted chicken smothered in a lemon butter sauce with olives, capers and roma tomatoes

**foodies**  
fresh food fast

Locally Owned and Operated

**351 North 78th Street**  
**Omaha, NE 68114**

**402.884.2880**

[www.foodiesomaha.com](http://www.foodiesomaha.com)

Mon-Sat 10 am-7:30 pm

Closed Sunday

Open for Private Parties

Custom Catering by Chef Brian Hilger

